Issue No. 10

## **School Values**

Respect
Resilience
Strive for
Excellence

## **ALTONA MEADOWS PRIMARY SCHOOL**

Principal: Emma Hampton
Assistant Principal: Reachel Armstrong
School Council President: Simon Jackson



### **School Purpose**

To provide an engaging, friendly, safe and supportive environment that enhances learning, personal growth and wellbeing of all students, enabling them to become lifelong learners.

## **DATES TO REMEMBER**

P-2 100 Days of School Celebration - Friday 26th July 3-6 Athletics Carnival - Thursday 15th August Fathers Day Stall - Wednesday 28th August Fathers Day Open Morning - Friday 30th August

## Principal's Report

Dear Parents and Guardians,

Welcome back! It is hard to believe that Term Three has commenced. We hope you all had a restful break and are ready for another busy term.

Our students returned back last week with a very positive mindset for an exciting term. Our staff completed planning sessions at the end of last term to prepare for the learning of Term Three. Most grades will be having an excursion to support and engage the students in the units they will be covering.

We have been working hard to recruit a teacher to teach Auslan now that Mr Moore has finished. This is very challenging as we have limited teachers in Victoria who are trained to teach Auslan. We will continue to aim to fill this position to keep our language program operating. We have made the decision to make the most of this opportunity and provide our students with a Values lesson each time they come to Auslan while we try to recruit. This will allow us the opportunity to have a Respectful Relationships lesson or a lesson based on need as a result of student choices delivered consistently. We have recruited a teacher to do this, more information will come once the process has finished. We are excited about the possible positive outcomes that this could have on our school and the choices our students are making.

We have also been working on adding an additional program to our School Wide Positive Behaviour implementation to support our students. We are excited to announce that with the partnership of School Council we are introducing The Resilience Project in 2025. The Resilience Project delivers an emotionally engaging program that provides practical, evidence based mental health strategies to build resilience and happiness. More information will come out about this towards the end of the year.

We are beginning the works in removing parent and student access to our staff carpark. We have had several issues lately that have seen students being unsafe around cars, cars moving not seeing moving students, staff cars being damaged and staff unable to park due to parents being in the spaces. This car park is signed as staff car park and should not be used for drop off/pick up and for students to move through. We are working on opening a side gate for both before and after school access that should in time make it easier for families to move around the school.

Mr Muscari has commenced his leave, we wish him all the best for his time away from school. We will update everyone towards the end of the school year on Mr Muscari's plans for the 2025 school year. With thanks,

Emma Hampton









## **SWPBS**







This term we will be focusing on the value of striving for excellence. For students it is about trying your best in all aspects of learning. This value is also about setting individual goals and working towards achieving them. Striving for excellence is about practising and never giving up. For students this is a value they will continue to work on as they go through their life.



# PREP 2025 ENROLMENTS

We are currently busy creating acceptance letters for Foundation 2025, if you have a child starting Prep in 2025 please return their enrolment forms asap to secure their spot.





## **Attendance**

## **Every day at school counts!**

Over the past Two Terms we have been looking at our attendance data across the school. It is concerning that we have students who have already reached 20 days absent from school.

Daily school attendance is important for all children and young people to succeed in education and to ensure they don't fall behind socially, developmentally and academically. It is important that children develop habits of regular attendance at an early age. School helps people to develop important skills, knowledge and values which set them up for further learning and participation in their community.

Beginning next week: the class with the highest attendance rate each week will be acknowledged in our school newsletter and will recieve a reward within the school day.



TERM 3

## **FUNDRAISING**

\$50,000

\$40,000

\$30,000

\$20,000

\$10,000

## aluminium soccer goals.





## Coming up...

\* Father's Day Raffle \* Father's Day Stall



## **Honey Drive**

Honey Drive raised a total of \$ 986.00



**AMPS** shopping bags

**Money** raised

is going

towards new

We have a BIG box of AMPS canvas shopping bags available to purchase from the office for \$1 each, all money raised will go towards new soccer goals.

## **Crazy Hair Day**

Our Junior School Council organised a Crazy Hair Day raising a total of \$89.00



## **Funds raised at past events:**

- Bunnings Sausage Sizzle \$2000.00
- Hot cross bun drive \$105.00
- Easter Raffle \$1102.00
- Mother's day Raffle & Stall \$1044.00
- Hot Pie Lunch \$75.00





## **FUNDRAISING**



## DONATIONS/VOLUNTEERS





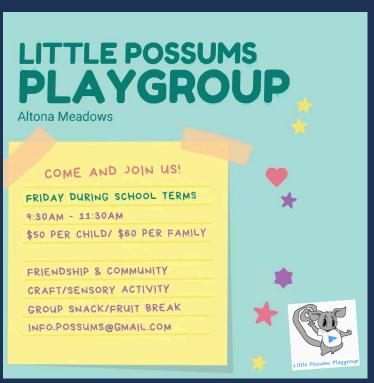
We are looking for donations for our Father's Day Raffle, if you would like to donate something to go in a hamper please drop it off at the office.

We are also looking for volunteers for our Father's day stall on August 28th. If you would like to volunteer please contact the office.

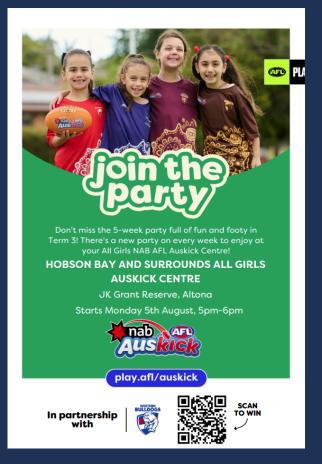
Thank you for your continued support with our fundraising.



## COMMUNITY **NEWS**











## COMMUNITY **NEWS**



2 Day Autism Workshop for Parents and Carers

Footscray, VIC



click here

This workshop is for parents, full time carers and grandparents.



Tuesday & Wednesda 13 & 14 August, 2024 9:30am - 2:30pm



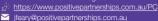
333 Barkly Street FOOTSCRAY VIC 3011

Morning tea and a light lunch will be provided



Interpreters available upon request

For more information or to register visit:



Free workshop



During the workshop you will learn about:

- The diversity of autism
- · Sensory processing
- Understanding behaviour
- Working together with your child's school.

Learn more about autism and ways to strengthen the partnership between home and school.



## (6) 0477 574 746

## The Rotary Club of Preston Proudly Presents International Entertainment Australia's...

Relaxed performances for children and young adults who might require a more flexible environment when going to the theatre. Enjoy the "live performance" experience with a casual attitude to audience noise and movement in an accessible and inclusive environment,



where you are welcomed and free to be yourself without restriction or judgement. A one-hour show, suitable for all ages. Featuring moving, flashing lights, upbeat and sometimes dramatic music.

DATES: SATURDAY 17th & SUNDAY 18th AUGUST 2024

TIMES: 11.00am, 1.30pm & 4.00pm

**VENUE:** THE CENTRE IVANHOE-THE GREAT HALL, IVANHOE, VIC

**COST:** ALL TICKETS ARE FREE - bookings are essential.

To book tickets, please email your order and details to...

meredithnewman@showintent.com.au or call / text 0404-367-782

Please include the following information:

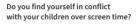


Your Name and Email Address. Preferred Date/s and Showtime/s Number of Tickets (one per person required).



## **Managing** screen time

Learn how to navigate children and technology



Do you find it hard to set screen-time boundaries at home that will stick?

Do you want to know what the research is telling us about how screen time impacts child health and development?

This FREE on-line session is facilitated by Helen Rimington of Drummond Street Services, Helen holds a Masters in Education and has over 30 years of experience in developing and delivering evidence-based training. She will share information and positive strategies to help you learn to navigate children and technology.

Designed for parents and carers of children aged between 2 to 13 years

When: Thursday 1 August 2024 Where: Online via Zoom Time: 7pm to 8pm

Register below: e: earlyyears@hobsonsbay.vic.gov.au p: 1300 179 944

https://events.humanitix.com/managing-screen-time

\*THIS WEBINAR WILL NOT BE RECORDED

Hobsons Bay City Council is committed to being a child safe organisation and has zero tolerance for child abuse.





## WANT TO LEARN KARATE? LOOK NO FURTHER!





SHOTO KARATE offers a program of Karate training to suit all ages from 5 year old to adults, beginners to advanced. We offer self-defense, increased confidence, fitness, awareness and most of all fun programs for the whole family. Based on Shotokan style karate, founder Sensei George has over 40 years of experience.

### CONTACT US:

Cat: 0409181227

Altona Meadows Primary School

FIND US ON:







JOIN WITHIN THE FIRST TWO WEEKS TO RECIEVE A FREE GI! (VALUED AT \$75)

Tuesdays & Thursdays only! Class times: Tigers: 5:30 - 6:00 pm. Juniors: 6:00 pm - 7:00 pm. Adults: 7:00 pm - 8:00 pm.







MONDAY.

WEDNESDAY

& FRIDAY

## **LUNCH ORDERS**



HEALTHY, INTERESTING AND AFFORDABLE LUNCH PACKS DELIVERED TO SCHOOL!

MONDAY, WEDNESDAY, THURSDAY & FRIDAY (See calendar on website for days at your School) ORDER ONLINE until 8.30am on the DAY LUNCH IS REQUIRED

SALADS created in our kitchen with the freshest ingredients every day.

**3 COURSE LUNCH:** ① \$11.70 ② \$12.75 ③ \$13.65 ④ \$15.15

BAKERY & PIZZA items have been Baked Fresh this morning and are served at room temperature

We provide a High-Quality Lunch Service & Customer Experience that delights our Users and is hassle-free for Schools.

We are committed to supporting Schools to achieve their Sustainability Goals, as well as minimising Our environmental footprint and Scope 3 Emissions

Choose ONE Main Course item, then select ANY 1 or 2 Items from the Snack/Drink Menu to make up a TWO or THREE Course Lunch Pack

**2 COURSE LUNCH:** ① \$9.65 ② \$10.95 ③ \$11.95 ④ \$13.45

SANDWICHES/ROLLS/WRAPS # 1½ SANDWICHES # 2 SANDWICHES

SUSHI & RICE PAPER ROLLS 2 Hand Rolls per lunch. (\*Die

#### SUSHI & RICE PAPER ROLLS

- Terivaki Chicken Hand Rolls 3
- Cooked Tuna Hand Rolls ③
- Avocado Hand Rolls ③ Cucumber Hand Rolls ③
- Vegetarian Hand Rolls ③
- Tofu Hand Rolls ③

### Rice Paper Rolls – Veg ④

#### SALADS

- Greek Style Salad with Feta and Olives ④ Mexican Inspired Salad 4
- Tuna Mix w/ Brown Rice & Quinoa Cakes ③

#### PIZZA & GOZLEME

- Margherita Pita Pizza ①
- Ham & Pineapple Pizza Slice ②
- Spinach & Cheese Gozleme 4
- Lamb & Beef Gozleme ④
- Mushroom & Spinach Gozleme ④
- Frankfurt in a blanket w/ sauce & cheese (2) **BAKERY** 
  - Cheese & Vegemite Scroll (w/m) ①
  - Semi Dried Tomato & Olive ROLL 2
  - SCROLL with Ham & Cheese 2 Topped w/ Only Cheese Roll ①

### PIC(K)NIC BOXES/FRUIT & VEG

- Pic(k)nic Box Vegetarian 3
- Pic(k)nic Box with Ham 3
- Pic(k)nic Box with a Whole Egg  $\ensuremath{\Im}$ Steamed Corn wheels, Broccoli & Carrot ③ Main course of Fresh Fruit Salad 4

#### **GLUTEN FREE SANDWICHES & WRAPS**

- #GF Ham & Cheese Sandwich 3
- #GF Cucumber & Ham Sandwich 3 GF Wrap - Ham & Salad 4
- GF Wrap Garden Salad ④

#### SANDWICHES/ROLLS/WRAPS

- # Vegemite Sandwich ①
- # Plain Cheese Sandwich ①
- Simple Salad Roll ①
- Roast Beef, Chutney, Cheese & Lettuce Roll ③
- #Turkey, Cranberry, Lettuce & Cheese Sandwich ③
  - Mild Salami & Salad Roll ③
  - Cheese & Salad Roll ① Salad w/ Ham Roll (No Cheese) 2
  - #Wholegrain Ham & Cheese Sandwich 2 Wholegrain ROLL w/ Cheese and Tomato ①

#### SNACK/DRINK MENU

#### FRESH FRUIT & VEGETABLES

Freshly chopped Strawberries w/ Grapes Fresh Fruit Combo Apple pieces, Lemon Juice, Cinnamon & Brown Sugar Cantaloupe & Honeydew pieces Freshly chopped Watermelon Pieces Freshly chopped Orange Segments Whole Fruit – Banana Cherry Tomatoes, Tasty Cheese & Rice Crackers Celery & Carrot Sticks w/ Sultanas Carrot, Cucumber, Red & Yellow Capsicum

Sugar Snap Peas, Beans & Cherry Tomatoes **Edamame (Lightly Salted)** 

#### DRIED FRUIT/LEGUMES

d Fruit Medley w/ Yoghurt Sultanas Lime & Black Pepper Chickpeas Roasted Chickpeas Balsamic & Sea Salt Fava Beans

#### DIPS & CRACKERS

Tzatziki Dip w/ Rice Crackers Spring Onion Dip w/ Rice Crackers Spicy Capsicum Dip w/ Rice Crackers Avocado Dip w/ Rice Crackers

#### **BAKERY**

**Choc Chip Cookie** Gluten Free Choc Cup Cake Cornflake Cookie **Blueberry Muffin** Finger Bun with Sprinkles Fruit Bun **Cinnamon Donut** 

Jam Drop Biscuit (GF)

### **Gluten Free Banana Slice POPCORN**

Popcorn - Slightly Sweet, Lightly Salted Popcorn - Lightly Salted

#### YOGHURTS/BOWLS

Strawberry Yoghurt (Dairy Farmers) Classic Vanilla Yoghurt (Dairy Farmers) Chia Bowl w/ Banana, Coconut & Strawbe Stewed Rhubarb & Apple w/ Custard

#### DRINKS

Nippy's Chocolate Milk Nippy's Apple Juice Nippy's Orange Juice Nippy's Strawberry (Lactose Free) Milk So Good Soy Milk **Full Cream Milk** 

More information including descriptions, portion size, pricing & allergen information is available on our website: www.classroomcuisine.com.au



## CANTEEN MENU ~



### ICY POLES

FROSTY FRUITS ZOOPER DOOPER CALIPPO LIFE SAVER CYCLONE ICY POLE

\$1.50 50c 52.00 00.52 52.00 \$1.00





SNACK

POTATO CHIPS KILLER PYTHON FREDDO FROGS COOKIES

\$1.00 50c Sac \$2,00



